

NYR NAHSE NEWS

New York Regional



Quarterly Newsletter



PRESIDENT'S MESSAGE

Greetings NYR Members and Friends,

Happy Summer! The change of season brings about new beginnings, hopes, opportunities and gratitude.

This past quarter NYR focused on health equity, physical and mental health and career development. Our chapter elections were held at the annual membership business meeting.

Please join me in congratulating our new elected officers who will be installed in September. Many thanks to our current officers, committee chairs, committee members and entire membership for ensuring NYR is not the best kept secret!

Lastly, be sure to visit our website and check your emails for upcoming programs and events for the fall.

Warmly,

Carle-Marie Memnon, DHA, FACHE
 NYR Chapter President
www.nyrnahse.org



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April 2021

NAHSE NYR Chapter Programs involved collaboration with local partners and industry healthcare leaders:

Thursday April 8, 2021: National Association of Health Services Executives, New York Regional Chapter partnered with Bottom Line to participate in their **Health Science Industry Networking Event**. Bottom Line's mission is to help first-generation students from low-income backgrounds get into college, graduate and succeed in life.

Okechukwu Ogbutor, MPH, MSDS, Health and Community Service Chair, represented NAHSE NYR Chapter who supported the students from Bottom Line by providing advice on career development. In addition to this event, Bottom Line has reached out to NAHSE NYR to provide support to their students through Resume Review/Mock Interviews and other mentoring opportunities."



Saturday, April 10, 2021, in partnership with National Coalition of 100 Black Women, Manhattan Chapter and New York Black Nurses Association, Inc., New York Regional Chapter held, **"Slay your Stress"**. This event provided an afternoon of sisterly conversation designed to help members relax and unwind, relate to their journeys and provide tools to restore emotional and mental health.

Featured speakers included:

- Karinn A. Glover, MD, MPH, Attending Psychiatrist, Adult Outpatient Department, Moses Division of Montefiore Health System; Assistant Professor, Psychiatry and Behavioral Sciences, Albert Einstein College of Medicine
- Tiffany S.W. Hamilton, Managing Director of Transformational Solutions Workgroup and inaugural Chief Diversity Officer of Pace University
- Jacqui Vernon, E-YRT, ESQ. founder and director of YogaSpa and four-time winner of Westchester Magazine's "Best Yoga Studio" award
- Rachel Villanueva, MD FACOG, Clinical Assistant Professor of Obstetrics/Gynecology at the NYU Grossman School of Medicine. President Elect, National Medical Association and Release the Pressure (RTP) Heart Health Campaign



Tiffany S.W. Hamilton
Managing Director of
Transformational Solutions
Workgroup



Karinn Glover
Assistant Professor
Albert Einstein College of Medicine



Jacqui Vernon, E-YRT, ESQ.
OWNER/INSTRUCTOR
YogaSpa



Dr. Rachel Villanueva
Obstetrics/Gynecology
NYU Grossman
School of Medicine

CHAPTER UPDATES

April 2021



MAUVAREEN
BEVERLEY, MD, PLLC
PATIENT ENGAGEMENT
& CULTURAL
COMPETENCE
SPECIALIST



LEWIS W MARSHALL
JR MS, MD, JD
CHIEF MEDICAL
OFFICER
NYC HEALTH +
HOSPITALS/LINCOLN



KAREN MYRIE,
MD, MPH
MEDICAL DIRECTOR
THE FLOATING
HOSPITAL



CARDINALE B. SMITH,
MD, PHD
DIRECTOR OF QUALITY,
CANCER SERVICES
MOUNT SINAI HEALTH
SYSTEM

April 27, 2021: NYR Chapter held a **Healthcare Equity Physician Panel** in recognition of National Minority Health Month. The program focused on awareness about health disparities that continue to affect racial and ethnic minority populations.

Distinguished panel physicians included, Mauvareen Beverley, MD; Lewis Marshall, MD, MS, JD; Karen Myrie, MD, MPH; and Cardinale Smith, MD, PhD who provided an overview of their work experience and research with health equity. Steve Philips, MPH, Program Committee, Co-Chair, co-moderated the event.

The Physician Leaders provided members an opportunity to hear about healthcare disparities from their respective medical specialties, the importance of effective patient engagement and cultural competency.

Furthermore, panelists shared personal anecdotes and recommendations on how to increase black and brown leaders in health care and the medical field, including medicine, laboratory, and other clinical disciplines.



#VaccineReady | April 2021

CHAPTER UPDATES

May 2021

Thursday, May 6, 2021: NAHSE NYR hosted the Annual Young Professionals Event. The 2021 topic was **"Let's talk about: Taking Charge of Your Career in Healthcare"**.

The event was facilitated by Victoria O.A Okyere, MSHA, MBA-HSM YPC - Conference Track & Event Co-Chair and moderated by: Aaron Hopkins, MSHA, NYR Membership Committee Chair and Administrator, Mount Sinai. Panelists included Alpha Mansaray, MHA (Administrative Fellow, Mount Sinai), Nya Holder, MPH (Healthcare Consultant and Life Coach) and Ralph Thomas, MHA (Sr. Operations Manager, Northwell).

Members and Friends were provided pearls for advancing their careers and enhancing relationships with their colleagues and managers. Attendees were empowered to do more, be a sponge, always ask questions, and "build strategic board of directors" as they seek to advance in their journeys as healthcare professionals.



Thursday, May 25, 2021: In recognition of Mental Health Awareness Month Program NYR held a virtual fireside chat, **Mental Health: A Public Health Crisis**. The chat was facilitated by Maxine Legall, MBA, MSW, CPXP Director of Patient Experience & Cultural Transformation, Mount Sinai Morningside and featured Joy D Calloway, MBA, MHSA, Interim CEO Planned Parenthood of Greater New York.

Attendees heard from these healthcare leaders about maintaining self-care and wellbeing. Discussions included the stigma associated with mental illness, reluctance to seeking mental health services, fostering patient and physician - counselor conversations and practical tools and resources to improve mental health.

Ms. Calloway expanded on one of her key messages **"One Crisis from Crazy"**. The chat was engaging, filled with questions, insights from attendees and was a well-received event.



June 2021

Thursday, June 3, 2021: NYR Chapter hosted a virtual presentation with the Department of Health and Mental Hygiene, "**COVID-19: Community Conversations - Mental Health, Equity and Resilience**". The Covid-19 pandemic, a globally shared traumatic experience, disrupted and affected our families, friends and communities.

The presentation addressed the mental health challenges brought by the pandemic and structural racism in New York City and was followed by open discussion on addressing the mental health challenges brought on by COVID-19 and structural racism. Members and panelists discussed the effects of trauma, grief, and anxiety and coping skills and mental health resources available in NYC

To learn more about hosting a similar 1 hour presentation for your group or for an extensive 3 hour training, reach out to Youngim Park, MPH, Outreach Coordinator, Division of Mental Hygiene, Community Engagement, Policy, and Practice (CEPP), NYC Department of Health and Mental Hygiene at ypark1@health.nyc.gov



Tuesday, June 22, 2021: New York Regional held it's Annual Membership Business meeting. Carle-Marie Memnon, DHA, FACHE, Chapter President provided chapter updates and committee accomplishments including chapter financial updates, combined savings and checking account balances remain strong.

Guest Presenter, Dajza McDaniel, YPC, Co-Chair provided a Young Professionals Committee (YPC) update. Overall updates were provided on four main domains: Chapter Development, Conference Track & Events, Digital Engagement and Skill Enhancement. Members are encouraged to provide YPC suggestions for increasing young professional membership and engagement.

Young Professionals may join Slack using the following link:

https://join.slack.com/t/nahseypc/shared_invite/zt-rqlab1gz-k00GRE6zb3yIQHuvYehFJg

Chapter elections were held for the 2021-2023 officers positions (President-Elect, Secretary, Treasurer and Parliamentarian). Our 2021-2023 officers will be **Zsalyne "Jay" Fergus, MHA, President, Steve Phillips, MPH, President-Elect, Shana L. Dacon, MPH, MBA, Secretary, Marv Pierre-Jean, MBA, MS, Treasurer, Claire Patterson, MA, RD, Parliamentarian** (pictured left to right).



Sincerest appreciation to the NYR Nominating Committee for their contributions in this important assignment. Abigail E. Nimako, MPH (*Nominating Committee Chair*), Edison Bond, Jr, MPH, MDiv, DMin, CPXP, Georges Leconte, MPA, FAB, Hope L. Mason, MPA and Vivien L. Salmon, PhD

NATIONAL MINORITY HEALTH MONTH

NYR joined the HHS Office of Minority Health (OMH) campaign to raise awareness about health disparities affecting racial and ethnic minority populations. Get vaccinated, protect yourself, your family, and our community!

#NMHM2021 #VaccineReady #COVID19 #SleeveUp



I received the Moderna vaccine back in December after initially hesitating to receive it.

The first dose only led to slight soreness, while the second dose had a little more kick to it. I experienced fatigue for a few hours, which subsided after a post-work nap.

Overall, the experience was very solid. I would recommend that others consider being vaccinated.

For anyone who is hesitant, please reconsider. With 94% efficacy, the vaccine can provide additional protection for yourself and those you care for.

Gary Williams is #VaccineReady



As the incoming Chapter President for 2021-2023, this theme kicks off the foundation of my term, which is to be post-COVID-19 ready. I want to be ready to thrive and see all those smiling faces I missed!

After my second shot, I experienced some side effects, mostly tiredness and soreness in the arm. Within a few days I was good to go. I am still practicing social distancing, but it gives me peace of mind to know I'm doing what I can to protect my ability to support my family and community.

I hope sharing my experience and mission will encourage others to read and ask questions to prepare yourself to return to a healthy and happy post-COVID life!

Zsalyne "Jay" Fergus is #VaccineReady



When I think of this year's #VaccineReady theme, what comes to mind is the "light at the end of the tunnel"; when we all can breathe freely again without face gears.

To anyone hesitant about receiving the vaccine, I understand your apprehension. It's quite normal and human of you.

When ready, know that your brave choice of getting the vaccine protects not only you but your family and your entire community as well. You are a hero!

Victoria Okyere is #VaccineReady



As a public health professional, I have believed in the adage that "Prevention is Better than a Cure".

During this time of a global pandemic those words have never held truer in my mind. We have used a wide assortment of tools to safeguard ourselves, our families and our communities, whether it be through wearing a mask or social distancing. Now we can add an additional tool in the form of the Covid-19 vaccine.

As we all know, Covid-19 has had a major impact on our way of life leading to economic and social disruption; and sadly overwhelming loss of life. Using all the tools in our disposal we can protect our loved ones.

We have all overcome so much over the past year, I hope when the opportunity arises, you will join me and receive the vaccine!

Okechukwu Ogbutor is #VaccineReady

Member Spotlights

APRIL
2021



La'Shari Valentin , MBA
Director, Postgraduate Education



NYR NAHSE MEMBER

Graduate Medical Educator, Diversity & Inclusion

Project Management, Strategic Planning, Program Development, and Healthcare Recruitment

MAY
2021



Angela Adjetey-Appiah, MSN, MPH, MA, RN, COA, FAACM
AVP Oncology Services Line



NYR NAHSE MEMBER

Oncology Executive

Author, Health Service Executive, Mentor, Nurse Oncology Leader, Population Health

JUNE
2021



Bernard Robinson, MHA, EMT-P
Director Of Operations



NYR NAHSE MEMBER

**Emergency Management
Clinical Operations Leader**

Disaster Response, Emergency Medical Services, Health Services Executive

Detailed information about our monthly member spotlights can be found on our website:
<https://www.nyrnahse.org/> NYR Corner

MEMBERS & HEALTHCARE LEADERS ON THE MOVE



Raven Brewington, MHA, MPH
Administrative Fellow
Mayo Clinic



Senora Hardy, MPA
Project Manager
Affiliated Physicians



Yesenia Hayes-Garcia, MHA
Practice Administrator
Robert Wood Johnson
Barnabas Health



Victoria O.A Okyere, MSHA, MBA
Administrative Fellow
Hartford HealthCare



Steve Philips, MPH
Vice President
Health Services
Harlem United



Christine Picard, MPA
Operations Manager
Northwell Health



Ralph Thomas, MHA
Senior Operations Manager
Emergency Department
Long Island Jewish Valley Stream
Northwell Health

REMINDERS

Did you renew your NAHSE membership for 2021?

Interested in joining NAHSE and becoming part of the New York Regional Chapter?

Please visit: <https://www.nyrnahse.org/join> for information about individual and institutional memberships



Email nyregionalnahse@gmail.com with any comments, suggestions, desire to serve on a chapter committees or share with us professional accolades about yourself or your organization.

PROGRAMS/UPCOMING EVENTS



July 22, 2021

Social Networking Event:
Black Health Connect
The DL

95 Delancey St, New York, NY, 10002

August 9, 2021

Better Together Mixer
The Monarch rooftop

71 W 35th St, New York, NY 10001



September 28, 2021

Installation

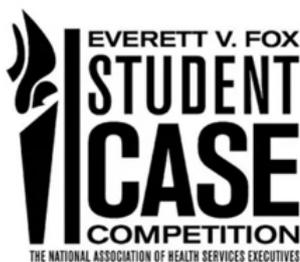
April 30th - October 1st

STUDENT CASE COMPETITION

CALLING ALL STUDENTS

Registration is now open

<https://www.nahse.org/casecompetition>



October 12 – 14, 2021

2021 Virtual Educational Conference

Summer Reading List Recommended by Members

1. The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
2. Unapologetically Ambitious: Take Risks, Break Barriers, and Create Success on Your Own Terms by Shellye Archambeau (Author), Ben Horowitz (Foreword)
3. The Whiteness of Wealth: How the Tax System Impoverishes Black Americans--and How We Can Fix It by Dorothy A. Brown
4. White Fragility: Why It's So Hard for White People to Talk About Racism by Robin J. DiAngelo and Michael Eric Dyson
5. How to Be an Antiracist by Ibram X. Kendi
6. Four Hundred Souls: A Community History of African America, 1619-2019 by Ibram X. Kendi (Editor), Keisha N. Blain (Editor)
7. Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor by Layla F. Saad and Robin J DiAngelo
8. Caste (Oprah's Book Club): The Origins of Our Discontents by Isabel Wilkerson
9. Black Fatigue: How Racism Erodes the Mind, Body, and Spirit by Mary-Frances Winters
10. Parent Like It Matters: How to Raise Joyful, Change-Making Girls by Janice Johnson Dias PhD (Author), Jacqueline Woodson (Foreword)



Members

Welcome to our new NAHSE NYR Members*!!!

Jefferson Akers

Miguel Centeno

Asha Akowe-Halsey

Chang-wei Huang

Mithun Amith

Krishna Kandala

**new NAHSE NYR Members as of June 22, 2021*

Thank you and see you soon to all our renewed members!

Special thank you to our 2020 & 2021
Institutional Members for your continued support.



Memorial Sloan Kettering
Cancer Center



Mount
Sinai



Elmhurst



Harlem

National Association of Health Services Executives (NAHSE), founded in 1968, is a non-profit association of Black health care executives for the purpose of promoting the advancement and development of Black health care leaders, and elevating the quality of health care services rendered to minority and underserved communities.

NATIONAL ASSOCIATION OF HEALTH SERVICES EXECUTIVES NEW YORK REGIONAL CHAPTER

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